# WASHINGTON NOTES

**SURPLUS STOCKS**

The Government's investment in farm surpluses declined to $7,010,823,000 on July 31, the fifth drop in as many months. However, this drop is expected to be reversed when the bumper 1955 crops are harvested. The high mark in the Government's investment in surplus crops was $7,440,156,000 last February 28.

**GIFT-MAILING BOOKLET**

If you want to know the best ways and means of preparing a package for mailing, ask for the pamphlet, complete with illustrations which is now available at all post offices. It shows the kind of box to use, and how to wrap, tie and label it. It also includes hints on protecting the contents from damage.

**TAX CUT?**

Secretary of the Treasury George Humphrey has announced that the Administration next year must choose between enacting a substantial slash in income taxes or balancing the budget. In his opinion, the Administration cannot do both.

**SAGGING FARM PRICES**

The Governors of five Midwestern States— Iowa, Nebraska, South Dakota, Kansas and Indiana — together with representatives from several other agricultural states, have urged the Eisenhower Administration to act promptly to relieve sagging farm prices. Several of the governors implied that lacking such aid, the farmers in their states might desert the Republican Party in next year's election.

**BUSINESS INTEREST RATE**

Commercial banks have increased the prime rate charged for loans to business concerns, from three and a quarter to three and one-half per cent, which is the highest level in more than twenty-five years. The increase was the second made this year.

**NATIONAL PRODUCTION GOAL**

Governor Averell Harriman, of New York, recently urged that the 1956 goal for National production should be $565,000,000,000 rather than the $535,000,000,000 projected by the Eisenhower Administration. The Governor warned that, in this area, it was "more reckless to be under-conservative than to be over-conservative."

**AIR SUPERIORITY**

The Soviet Union's air force has achieved numerical superiority over the United States but its air power would not "hurt us more than our air power could hurt them," according to an analysis by General Nathan B. Twining, Air Force Chief of Staff.

**PENSION FUNDS**

The Securities and Exchange Commission, publishing its first detailed survey of corporation pension funds, reported that there are more than $11,000,000,000 not placed with insurance companies. Of this sum, more than $8,000,000,000 is invested in corporate bonds and stocks.

**NO CHANGE**

Allen W. Dulles, director of the Central Intelligence Agency, recently said he had not seen "any change whatever," in worldwide subversive activities of the Soviet Union despite the 'smiling policy' of Soviet leaders.

**SOLAR BATTERY**

In an epochal test, a rural telephone circuit in Georgia was operated by power harnessed directly from the sun. It marked the first commercial use of the solar battery, an invention barely a year old.

Israel has asked the United States to provide her with as much arms as Egypt receives from the Soviet bloc.


**PLUMBING**

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## THE BIBLE SPEAKS

International Uniform Sunday School Lessons

BY DR. KENNETH J. FOREMAN

Background Scripture: Luke 3:1-6,16 Devotional Reading: Matthew 25:31-40

## Friend of Man

Lesson for November 6, 1955

PEOPLE describing themselves have a tendency to paint themselves handsomer than they really are. They do not like candid-camera shots of themselves. Even when a man has to admit that he has committed a sin or made a mistake, he will try to tell himself his motive was good, anyway. Now Jesus' self-portrait was extremely impressive; but nobody ever called him a hypocrite or a show-off. What Jesus had said of himself in the Nazareth synagogue was just the simple truth: he was indeed the same kind of Friend of Man that God is. He made humanity his business.

Dr. Foreman

**Healing Bodies**

One fact stands out, and Luke makes a great deal of it. Jesus was a healer. He never assumed that sickness or physical disability "is bound to be." He thought people's bodies were important enough to be sound and well. He never thought of himself as so "spiritual" he could be indifferent to people's physical needs and pains. Wherever he went, he brought health with him. We do not fully understand how he did this, but the Christian church has taken the cue from Jesus here. The tremendous development of hospitals in America and over the world is not today all in the hands of Christians or religious people; but it was religious people who started this kind of thing. The church of today is beginning to see how much harm another kind of illness does, and to work at curing mental diseases. Compare a Christian country like ours with a non-Christian country like Korea where the total Christian population is less than six per cent. There a cripple has ordinarily been something to laugh at. No one would give him a job, no one bothered with him. All he could do was beg, as he crawled or sat in the dust. Now, Christian hospitals there have been doing a work the heathen world never thought of, —rehabilitating amputees, making it possible for them to be self-respecting persons again. Christianity is teaching Korea a lesson. Where once diseases of all sorts were taken as a matter of course, Christian doctors and hospitals have shown the way to national health.

**Healing Souls**

Some people think that if a man is healthy that is enough. If a man's body is all right, he is all right. Christians know better—because Christ has shown us. Jesus did not think he had done all he could for a man if he got him on his feet, literally. Long before modern medicine rediscovered the fact, Jesus knew that men's most serious diseases are in their souls. He was the Friend of Man,—but not friend of their bodies alone. Hospitals today are more and more making use of chaplains, of counselors—and that is another Christian idea. In every mission hospital the medical missionary is an evangelist too.

**What Friendship Means**

To Jesus, friendship meant something deeper than what often goes by that name. How many people are "friends" only with the strong, the successful! How many people will be friendly only to those who can give them a lift up the ladder of ambition! This is the friendliness of a mosquito, who will stick close to you but not with any notion of doing you good. Then again, a common idea of being friendly is to take other people without criticism, take them as they are. A word much in use with psychologists, psychiatrists and counselors nowadays is "acceptance." Now Jesus accepted all kinds of persons who were by everyone else rejected—lepers, tax collectors, the "lower classes," foreigners. But while Jesus opened his heart to these people, in the very act of acceptance he changed them. Some "friends" are like chameleons that take the color of whatever they lie on. Jesus never changed his own colors. He was the friend of sinners, indeed; but by being their friend he led them out of their sins. To be Christlike in friendship is to have a goodness that is contagious.

(Based on outlines copyrighted by the Division of Christian Education, National Council of the Churches of Christ in the U. S. A. Released by Community Press Service.)

# Home Agent's Notes

By Mrs. B. G. Anderson

Appomattox Home Agent

**Home Demonstration Club Achievement Day**

While these notes are prepared Monday for Thursday's paper, it appears' now that approximately 150 club members plan to attend the annual Achievement Day program.

One interesting feature of the program was the display of scrapbooks kept on club and federation activities by 14 of the 17 home demonstration clubs. Mrs. F. F. Carr offered an award of a silver bowl to the club keeping the best scrapbook on Federation Goal, "Citizenship and International Understanding" and other club activities. These books were judged by Mrs. S. S. Gilbert, president of District III, and Mrs. Goode Robinson, State Federation Goal Chairman on Health and Safety. They said this was a most difficult task, since all of the books were good.

The chairman of the Notebook Committees in each club are to be congratulated on the good job they did. Mrs. Gilbert made the awards as follows:

First place, and winner of the silver bowl award went to Appomattox Home Demonstration Club, Mrs. L. C. McKenzie, chairman;

Second place winner, was Country Lane Home Demonstration Club, with Mrs. John C. Cole and Mrs. Charlie Carter, co-chairmen;

Third place went to the Pamplin Home Demonstration Club, with Mrs. R. K. Martin and Mrs. Frank Irving, co-chairmen.

Honorable mention: Clover Hill Club, Mrs. Lorraine Torrence, Mrs. W. H. Conner and Mrs. Jacob Lewis, committee; the Spout Spring Club, Mrs. Georgia Schindler and Miss Virginia Shirey, committee.

Another interesting feature of the program was the display of foreign articles owned by home demonstration club members.

**Bulbs for Spring Flowers**

Bulbs for spring flowers which will be available from now to December, should be planted as soon as possible after they are received.

A. G. Smith, Jr., associate horticulturist at V. P. I., says a good bulb has one or more mineature flowers with all the leaves in its center and food packed around it. All the gardener has to do is plant it in well-drained soil where the bulb can make roots and take up water and a small amount of fertilizer. Nature does the rest.

Use no manure for bulbs at the planting time, and use fertilizers with great care. Chemicals should be mixed thoroughly with the soil, so that they will not injure roots. Some fertilizers can be worked into the top soil after the bulbs are planted.

Deep planting may reduce rodent damage. In sandy soils, where water cannot stand, tulips may be planted 8 to 10 inches deep. Under average conditions, tulips, hyacinths and daffodils should be planted about 6 inches deep. Small bulbs, such as crocus, scilla, grape hyacinths and snowdrops, are planted 2 to 3 inches deep.

Paper-white narcissus should be put on gravel in water, or in soil pots as soon as received. If kept in a cool, dark place until the roots are well developed they should begin blooming by Christmas or January. Put in light before the tops get tall.

**"An Apple A Day"**

It's an old saying, and Eating apples and other finitely helps to keep you

However, you may serve your family: canned, fresh, you can rest easy knowledge that you are for them one of nature's and most helpful treats.

Maybe you'd like to drink apple a day. A tall glass chilled apple juice is a real er in mid-morning. Apple low in calories, too—good those watching pounds and In fact, apple juice has calories than any other fr This is one beverage that spoil the appetities of chil ple juice may also be used ing. Try:

Baked ham slice with juice:

1 1-4 pounds smoked ham
1 teaspoon dry mustard
2 tablespoons brown sugar
1 cup apple juice.

Rub ham with mustard brown sugar. Place in bak add apple juice. Bake at grees for one hour cover cover, bake 1-2 hour longer till tender, basting occa Yields four servings.

**REAL CHECKER LOVER**

Mangum, Okla.- W. E. loves to play checkers but able to find many opponents ly he became desperate enou buy a grocery store here, and ed a table and a couple of chairs to attract some playe mong his customers, he man snare a few to keep the board busy.


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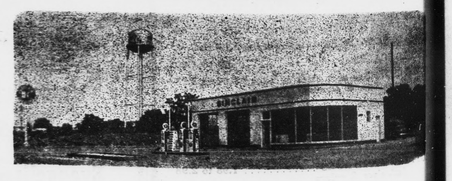

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## ...newall

...ol. Sor. L. Let us not for- ...Tuesday, the 8th, is Elec- ...Mr. Moses asked for a big ...of Stonewall to cast their ...said: "My name will be on ...

...al Mrs. Colie Rock and ...are spending this week in ...visiting relatives and at- ...General Baptist Associa-

...Mrs. Virgil Carson, of ...pent Sunday with Mr. and ...Carson.

...Mrs. Hugh Braford and ...al Mr. and Mrs. John ...pent Sunday at the Peaks

...nale Chick, of Danville, and ...Carson, of Lynchburg, ...and Mrs. C. D. Carson ...week-end.

...Mrs. Colie Rock had as ...on over the week-end her brother and family, Mr. and Mrs. Burgess, of Alexandria, Va.

Mrs. J. S. Caldwell, Sr., is spending awhile with her daughter, Mrs. James Jordan at Concord, while Mr. Jordan is in the hospital. We wish for him a speedy recovery.

Mr. and Mrs. Jack Caldwell, Jr., had as their guests over the week-end her sister and family from North Carolina.

Mr. and Mrs. Howlette Drinkard, Sr. entertained the young folks at Trinity Church on last Saturday night in honor of Sid Coleman, who is home on a 30-day leave. He is in the Navy. He is a member of the church and the young folks' organization of the church. We wish Sid much success in life.

Mr. and Mrs. Calvin Tanner, of Lynchburg spent Sunday with her parents, Mr. and Mrs. Lyle B. Thomas.

Mr. and Mrs. Calvin Collins, of Lynchburg spent the week-end with her parents, Mr. and Mrs. C. M. Caldwell.

Mr. and Mrs. E. L. Chick and daughter, Mrs. Henry Beard and her son, Lawrence visited Mrs. J. E. Chick and Mrs. Wm. B. Bates at Spout Spring on Sunday afternoon. Mrs. Chick expects to return with her daughter, back to Washington now soon for a visit with her and Mr. Bates.

Mr. and Mrs. Rufus Burnette spent the week-end in Lyncontown, N. C. with their daughter and son-in-law, Mr. and Mrs. Kemp Nixon.

Mr. and Mrs. Irby Wheeler left last week for a visit with their daughter and son-in-law, Mr. and Mrs. Dan Reading in Illinois. While gone they expect to visit in Canada, New York and Missouri, and other places of interest, and to be back home in about two weeks.

Volunteers did not appear in great numbers for the start of the national reserve six-month training program.

# Health and Beauty

If you are thinking about going on a diet, there are several important facts you should consider before choosing the kind of diet for yourself. Your age has a lot to do with the amount of food and the kind of food you should eat.

The fad type of diet is not recommended for any age group. However, much less harm will result to a young person on a diet of bananas and cottage cheese than to a more mature person. The principle of any good reducing diet is to cut down your daily fuel supply or number of calories without cutting too short the needed supply of vitamins and minerals.

A good reducing diet gives you just enough calories to keep your body machinery running properly and just enough additional to take care of your extra activities. Children are still growing and generally are far more active than older persons. They need more energy and can eat a great deal of food without adding unwanted weight. It is very seldom that a doctor will recommend a strict diet for a child. He usually tells the mother to cut down on the child's between - meal snacks and to cut down on soft drinks and candy.

Women in the 20 to 40 age bracket are in the safest stage of life to diet because they use food with the greatest economy during this period. However, they are also in the reproductive period and must keep their bodies well supplied with important minerals.

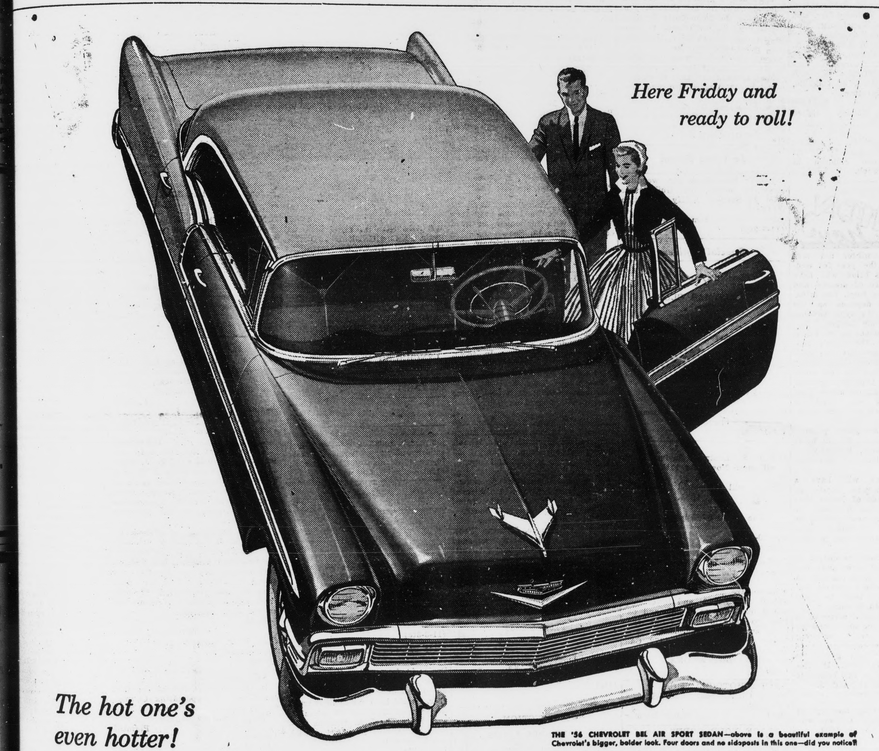
The middle-aged should be careful because they are approaching the time when their bodies will begin to show wear. If you are over 40, your diet should be geared to a slower pace, because you can't burn fat too fast without putting a strain on both your heart and your kidneys.

The best advice in the world is to consult your family doctor if you want to lose over five pounds. He will tell you how fast it will be safe for you to lose the desired weight, the best type of diet for your own system and if you should supplement your diet with vitamins and minerals.

**PATCHED-UP EGGS HATCH**

Lansing, Mich.- Someone brought a clutch of wild turkey eggs to Roy Hunt of the Conservation Department. The eggs had been run over by a mowing machine and several were broken. Hunt fastened the shells back in place with gummed tape and five of the eight eggs, including two of those taped, hatched into healthy poults.

Industrial output set another peak last month.

Here Friday and ready to roll!

The hot one's even hotter!

THE '56 CHEVROLET BEL AIR SPORT SEDAN—above is a beautiful example of Chevrolet's bigger, bolder look. Four doors and no sidposts in this one—did you notice?

the '56 Chevrolet

They're sitting in our showroom right now champing at the bit. For these '56 Chevrolets were born with an urge to go places! But look 'em over first. Look at that bigger, wider, more massive grille. Follow that lower speedline of chrome back to those sassy, high-set taillights (the one on the left swings down to uncover the gas cap!).

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Come in and drive the '56 Chevrolet!

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